

# re-using glass waste



Thanks to a grant from ReCoMaP, Sustainability for Seychelles is working with local partners to set up a sustainable system for managing glass waste in Seychelles. The system focuses on collecting glass waste from the tourism industry, then crushing and re-

using it in construction or artisanal projects. Residents can also participate by saving up their wine bottles and other glass containers and dropping them off at Anse Royale Community Centre or other designated points. Find out more by contacting S4S on tel.717833



*Let ours be a time remembered  
for the awakening of a new reverence for life,  
the firm resolve to achieve sustainability,  
the quickening of the struggle for justice  
and peace, and the joyful celebration of life.*

*Excerpt from the Earth Charter: [www.earthcharter.org](http://www.earthcharter.org)*

Sustainability for Seychelles is a local NGO which seeks to promote sustainable living in Seychelles in collaboration with citizens, the government, other NGOs and the private sector.



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# a quick guide to Sustainable Living in Seychelles



*inspiring, informing & enabling  
people to live, work & play in  
ways that benefit human &  
natural communities.*

# what is sustainable living?

Sustainable living is a term to describe a way of life that enhances relationships between humans and nature. In Seychelles this means combining traditional kreol cultural practices from our past that were in harmony with nature and fostered a strong sense of community, with modern technological innovations that help make our lives easier without harming the environment or people.

## our planet is in trouble

Habitat loss, climate change, pollution, drought, floods, energy crisis, food crisis, economic crises, war, violence, poverty, drugs, apathy... the list of ailments is endless. But in every corner of the world there are people holding out hope, and making those small changes that lead to big changes in our communities, countries and planet.

Isn't it time YOU joined the revolution to save your planet?

# 8 steps to sustainable living

## 1 eat local

Buying and eating local food products supports the local economy, and reduces the pollution produced in shipping foods to Seychelles. Plus it's fresher and healthier. If you can, start your own home garden—you can get lots of good advice and seeds from neighbours!

## 4 save water

It takes a lot of energy to treat and distribute treated water, so anything you can do to reduce your use helps. Turn off taps when not in use, take short showers, fix leaks, and collect rainwater.

## 2 save energy

Turn off lights and appliances when not in use, and buy efficient appliances and energy saver bulbs. If you can, invest in a solar water heater. Your electricity bills should go down, another plus!

## 5 practise the 3 R's

Reduce. Re-use. Recycle. In that order. Reduce unnecessary purchases, and buying things that are over-packaged. Try to re-use any waste you produce like jam jars, organic waste (make compost). And participate in local recycling programs for glass PET bottles, metals, etc. see more on back page...

## 7 be a good neighbour

Being a good neighbour is part of sustainable living too. Say hello, exchange a few words, share extra fruits or seeds from your garden, help each other with child care, get involved in community events, volunteer some of your time. And remember, not everyone wants to hear your loud music.

## 3 reduce your car use

Walking, riding a bike and taking a bus are all more sustainable than driving a car and have the added benefit of encouraging you to look around at your environment and interact with people. Plus you'll save money. And get some exercise.

## 6 green your house

Use natural ventilation, and avoid polluting chemicals to clean your house where soap and scrubbing will do. Decorate with local furniture and crafts. Plant native plants in your garden, and trees for shade.

## 8 respect life

We share our homes and gardens with diverse plants and animals, many of whom were here before us! Take time to observe them, enjoy them—none are dangerous! Plant native trees and flowers, and protect the ones you have. Avoid using pesticides and other chemicals. And don't just kill things for no reason!